

COOKIES

1. The use of cookies:

www.zilverbirdtherapy.com uses cookies. A cookie is a piece of information that is stored on your computer, mobile phone, smart watch or tablet's hard drive by your web browser. On revisiting the website our computer server will recognise the cookie, giving us information about your last visit.

The use of cookies is of great importance for the proper functioning of our website, but cookies of which you do not immediately see the effect are also very important. Thanks to the (anonymous) input of visitors, we can improve the use of the website and make it more user-friendly.

2. Consent to the use of cookies:

Most browsers accept cookies automatically, but usually you can alter the settings of your browser to prevent automatic acceptance. You can easily block and delete cookies yourself at any time via your internet browser. You can also set your internet browser in such a way that you receive a message when a cookie is placed. You can also indicate that certain cookies may not be placed. View the help function of your browser for this option. If you delete the cookies in your browser, this may affect the pleasant use of this website.

Some tracking cookies are placed by third parties who, among other things, may show you advertisements via our website. You can delete these cookies centrally via www.youronlinechoices.com

This website, may use cookies to:

enable us to estimate and report on our total audience size & traffic; conduct research to improve our content and services.

By going to the Help section of the menu of your browser you should be able to configure your browser preferences to accept all cookies, reject all cookies, or notify you when a cookie is set. If you reject the use of cookies, please note that the efficient operation of this site may be affected.

Other websites linked from this site may take a different approach to the use of cookies and you should check what that approach is with those who operate those sites.

3. Type of cookies and their purposes:

We use the following types of cookies:

– Functional cookies: with this we can make the website function better and it is more user-friendly for the visitor. For example: we store your login details or what you have put in your shopping cart.

– Anonymized analytical cookies: these ensure that an anonymous cookie is generated every time you visit a website. These cookies know whether you have visited the site before or not. Only on the first visit, a cookie is created, on subsequent visits, the already existing cookie is used. This cookie is for statistical purposes only. This allows the following data to be collected:

- I. the number of unique visitors
- II. how often users visit the site
- III. which pages user's view
- IV. how long users view a particular page
- V. at which page visitors leave the site

4. Your rights with regard to your data

You have the right to access, rectify, restrict and delete personal data. In addition, you have the right to object to the processing of personal data and the right to data portability. You can exercise these rights by sending us an email at angie@zilverbirdtherapy.com. To prevent misuse, we may ask you to identify yourself adequately. When it comes to accessing personal data linked to a cookie, we ask you to send a copy of the cookie in question. You can find this in the settings of your browser.

5. Block and delete cookies

You can easily block and delete cookies yourself at any time via your internet browser. You can also set your internet browser in such a way that you receive a message when a cookie is placed. You can also indicate that certain cookies may not be placed. View the help function of your browser for this option. If you delete the cookies in your browser, this may affect the pleasant use of this website.

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Please be aware that if you do not want cookies, we can no longer guarantee that our website will work properly. It is possible that some functions of the site are lost or even that you can no longer visit the website at all. In addition, refusing cookies does not mean that you will no longer see advertisements at all. The

advertisements are then no longer tailored to your interests and can therefore be repeated more often.

How you can adjust your settings differs per browser. Consult the help function of your browser if necessary, or click on one of the links below to go directly to the manual of your browser.

- i) Firefox: <https://support.mozilla.org/nl/kb/cookies-delete-data-clearing-websites-saved>
- ii) Google Chrome: <https://support.google.com/chrome/answer/95647?co=GENIE.Platform=Desktop&hl=nl>
- iii) Internet Explorer: <https://support.microsoft.com/nl-nl/kb/278835>
- iv) Safari on smart phone: <https://support.apple.com/nl-nl/HT201265>
- v) Safari on Mac: <https://support.apple.com/nl-nl/guide/safari/sfri11471/mac>

6. New developments and unforeseen cookies

The texts of our website can be adjusted at any time due to continuous developments. This also applies to our cookie statement. Therefore, please read this statement regularly to stay informed of any changes.

Blog articles may use content that is hosted on other sites and made available on www.zilverbirdtherapy.com by means of certain codes (embedded content). Consider, for example, YouTube videos. These codes often use cookies. However, we have no control over what these third parties do with their cookies.

It is also possible that cookies are placed via our websites by others, of which we are not always aware. Do you encounter unforeseen cookies on our website that you cannot find in our overview? Let us know via angie@silverbirdtherapy.com. You can also contact the third party directly and ask which cookies they placed, what the reason is, what the lifespan of the cookie is and how they have guaranteed your privacy.

7. Final remarks

We will have to adjust these statements from time to time, for example when we adjust our website or change the rules around cookies. You can consult this webpage for the latest version.

If you have any questions and/or comments, please contact angie@silverbirdtherapy.com